

Protected

Places like this are now rare as many wetlands have been lost to drainage or development.

Amwell is cared for by the Wildlife Trust but we need lots of help. Maintaining the wildlife habitats such as reedbeds, ponds and meadows all takes time and money.



Help us today

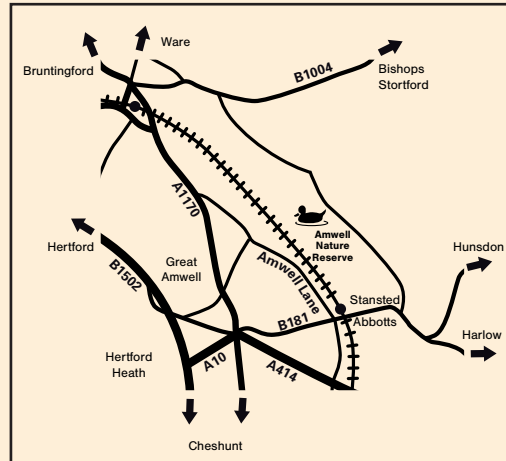
Volunteer here – from creating reedbeds to counting ducks, there's lots you can do. Regular work parties take place.

Join Herts and Middlesex Wildlife Trust. We rely on membership fees and donations.

Tell your friends about our work and encourage them to join too!



How to find Amwell Nature Reserve



Parking – Amwell Lane. Nearest train station - Stanstead St Margarets. For details of public transport visit: www.tfl.gov.uk/tfl

Herts and Middlesex Wildlife Trust protects wildlife and looks after more than 40 nature reserves.

To find out more contact us at:
Grebe House,
St Michael's Street,
St Albans, Herts, AL3 4SN
Tel: 01727 858901
Email: info@hmwt.org
www.wildlifetrust.org.uk/herts

If you would like this leaflet in larger print, please contact us.

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Herts & Middlesex



Amwell Nature Reserve

Watch out for wildlife at this wetland wonderland, including bitterns, otters and dragonflies.



Protecting Wildlife of the future

Welcome to Amwell Nature Reserve



Herts & Middlesex

Explore Herts and Middlesex Wildlife Trust's Nature Reserve at Amwell and discover a very important place for wildlife.

A former flooded gravel pit, Amwell forms a vital link in a chain of wetland sites that stretch for 27 miles through the Lee Valley Regional Park to the River Thames. Nationally significant numbers of birds use the nature reserve as a safe haven and in summer, dragonflies and damselflies are abundant in the marginal vegetation around the lake.

The three hides and viewing areas around the nature reserve have been created to give you the best possible chance of seeing the wildlife here. These have level or ramped access. There are also rest points and information panels along the way. The map shows where these are sited.

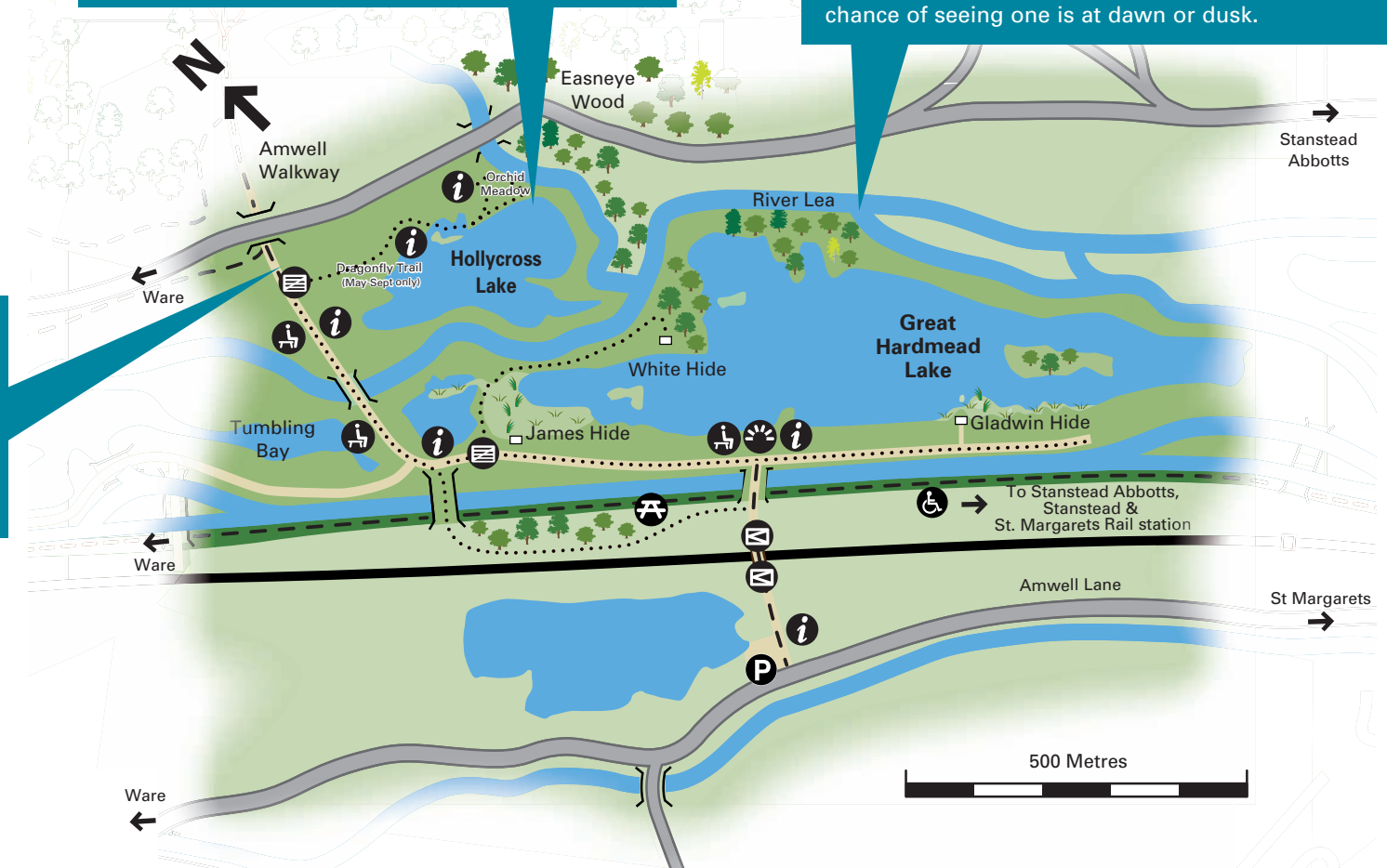
The lakes, ponds, rivers and ditches provide homes for 19 different species of dragonflies and damselflies. For close-up views of these colourful insects, explore our dragonfly trail from May to September.



This is a very special place for wildlife. It is a "Special Protection Area" because of the internationally important populations of ducks which come here during the winter, to escape the freezing conditions in their breeding grounds in northern Europe.



Following extinction in the 1970s, otters were re-introduced to Hertfordshire here at Amwell in 1991. Since then they have thrived, as there are plenty of fish for them to eat and undisturbed places where they can sleep and raise their cubs. The River Lea provides a link to other areas. Otters are secretive and active at night mostly - your best chance of seeing one is at dawn or dusk.



- Wildlife Walk
- - - - - Public footpath
- Lee Navigation Towpath
- Railway Line

- Kissing Gate
- Gate
- Picnic Area
- Seats
- Disabled Access
- Information Point
- Car Parking
- View Point

Getting around

Size:
43 ha

Wildlife Walk:
May be muddy or
slippery when wet

Only dark green shaded
area denotes nature reserve