

Welcome to Cefn Cenarth Nature Reserve

Brief Introduction

Cefn Cenarth means "The Ridge of Lichens" in Welsh. The nature reserve comprises two areas of sessile oak woodland, rich in bird life, lichens and mosses.



Usnea florida - "Witches' Whiskers"

Mosses, Lichens & Trees

Undoubtedly this is the spot for mosses and lichens. Around 40 species of moss and 100 lichen species have been recorded. Large cushion mosses carpet the forest floor and the lichen 'witches' whiskers' (*Usnea florida*) hangs from many of the tree branches. This is an important colony as it is very much in decline across the world.

History & Future

It is likely Cefn Cenarth has been a woodland since ancient times. Large sections of the wood were felled during the two World Wars before commercial forestry planting took place in the 1950s and 1970s.

In 2011, an area of sitka spruce, lodgepole pine and Japanese larch was felled and thinned to restore and reconnect the native woodland. It has been re-planted with 6,000 young trees of local provenance, mostly sessile oak with a good mixture of downy birch, rowan, hawthorn, crab apple and aspen.



Sessile oak

Bats & Birds

Bats and birds use Cefn Cenarth to breed but due to a lack of older trees, nest-boxes have been put up to help them roost and nest.

The birds of Cefn Cenarth are studied every 5 years along with 400 other woodlands in the UK to try and understand ways in which woodland bird populations are changing and why. The wood warbler is being monitored as part of a nationwide survey looking at the current status of this migratory bird.

There's a lovely mix of birds including the chiffchaff, treecreeper, mistle thrush, pied flycatcher, blackbird, jay and redstart.



Redstart



Rowan berries

Flowers & Plants

Foxgloves flower around the edge of the wood with common cow-wheat, and acid-loving tormentil poking their heads above the bilberry bushes. Common heather and bell heather thrive throughout, especially in the more open sunny glades.

Walking

A marked nature trail helps you enjoy the more northerly reserve. (There are no paths marked in the southerly reserve.)



Red necked footman

After you've entered the northerly reserve via the forestry track, follow the marked wooden posts leading into the woods. A steep climb will reward you with stunning views of the Cambrian Mountains, Cader Idris and Snowdonia to the north in fine weather.



RADNORSHIRE WILDLIFE TRUST
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APPLICATION FOR MEMBERSHIP

Please check that you have signed each part of this form and return it to the address above.

I/We wish to join Radnorshire Wildlife Trust

Please tick the annual rate which applies to you.

Single	£25		Single Unwaged*	£20	
Joint	£30		Joint Unwaged*	£25	
Family	£38		Life (Single)	£500	
School	£50		Life (Joint)	£750	

*The rates for unwaged people are intended for people on means-tested benefits or the basic state pension.

Name(s): _____

Address: _____

Post Code: _____

Telephone: _____

Email: _____

Signature: _____ Date: _____

GIFT AID DECLARATION

Gift Aid applies to subscriptions as well as donations. If you sign the statement below, Radnorshire Wildlife Trust is able to significantly increase the value of this and all future subscriptions/donations at no cost to you:

I am a UK taxpayer and I would like Radnorshire Wildlife Trust to claim back the tax paid on this and all future subscriptions/donations

Signature of donor: _____ Date: _____

Remember that if you receive a company pension or income from savings, income tax may be paid at source and you still qualify. If you pay from a joint account or have joint membership, only one need sign. Please tell us if you cease to be a UK taxpayer.

I WOULD LIKE TO MAKE A DONATION

Members' subscriptions cover a small part of our costs. Additional donations enable us to do much more for wildlife and we are very grateful to anyone who chooses to support our work in this way.

I would like to make a regular donation to Radnorshire Wildlife Trust of (tick the box you choose):

£100 a year	£50 a year	£25 a year	
Other (write in)			

Signature: _____ Date: _____



PAYMENT METHODS

New members who opt to pay by direct debit will get 3 months free membership as this reduces administrative costs. However, if you prefer, you can pay by cheque made out to 'Radnorshire Wildlife Trust'



Please complete using ball point pen & return to:-
Radnorshire Wildlife Trust Ltd., Warwick House,
High Street, Llandrindod Wells, Powys LD1 6AG

INSTRUCTION TO YOUR BANK OR BUILDING SOCIETY TO PAY BY DIRECT DEBIT

Please pay Radnorshire Wildlife Trust Ltd. Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Radnorshire Wildlife Trust Ltd. & if so, details will be passed electronically to my Bank/Building Society.

Originators Identification No. 405790

Reference No. (RWT use only)

To the Manager:

Name of Bank

Address

Postcode

Name(s) of Account Holder(s)

Account No.

Sort Code

Signed Date

Banks & Building Societies may not accept Direct Debit instructions for some types of account.

THE DIRECT DEBIT GUARANTEE

This Guarantee is offered by all Banks & Building Societies that take part in the Direct Debit Scheme. The efficiency & security of the Scheme is monitored & protected by your own Bank or Building Society. If the amounts to be paid or the payment dates change Radnorshire Wildlife Trust Ltd will notify you 10 working days in advance of your account being debited or as otherwise agreed. If an error is made by Radnorshire Wildlife Trust Ltd or your Bank or Building Society, you are guaranteed a full & immediate refund from your branch of the amount paid. You can cancel a Direct Debit at any time by writing to your Bank or Building Society. Please also send a copy of the letter to us.

THANK YOU FOR JOINING RADNORSHIRE WILDLIFE TRUST
WE HOPE YOU ENJOY YOUR MEMBERSHIP

Radnorshire Wildlife Trust

Joining Radnorshire Wildlife Trust couldn't be easier. Simply fill out the membership form on this leaflet and return to the address overleaf.

With the support of our members we are making a difference. With your help we can restore and create new places for wildlife in Radnorshire.

Directions to Cefn Cenarth Nature Reserve



Take the B4518 from Rhayader to St. Harmon. Take the first left after the Mid Wales Inn (just before bus shelter). Follow this road for 1.3 miles and go straight ahead onto a forestry track. Don't follow road to left.

Drive past the property and into the plantation area. Park in the first lay-by on the right (NGR: SN 964 759). The nature trail marked by wooden posts begins here.



For more detailed information, please go to www.rwtwales.org

Charity No.519021 Company No.2132736

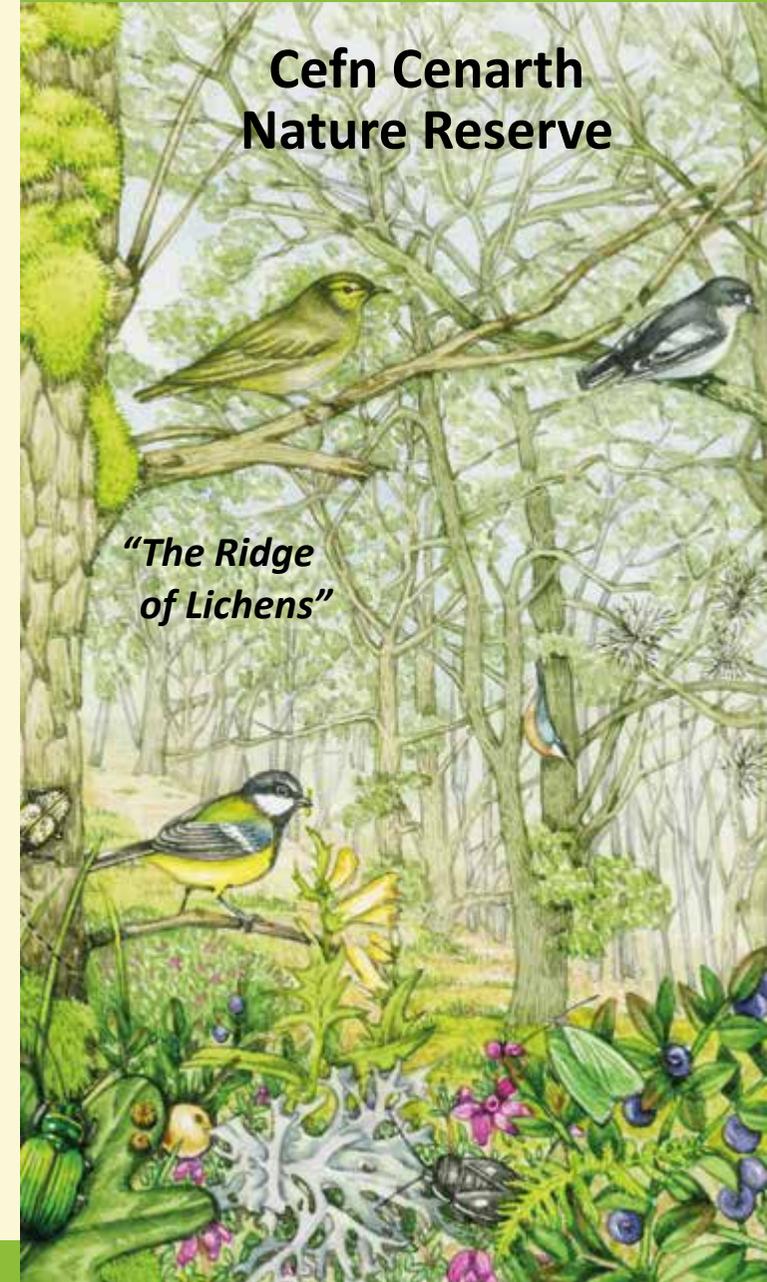


Radnorshire Wildlife Trust

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Cefn Cenarth Nature Reserve



"The Ridge of Lichens"

Protecting *wildlife* for the future
Gwarchod *natur* ar gyfer y dyfodol